

**Suggested Usage:** Take 1 capsule per day or as directed by your qualified healthcare provider.

**PROMOTES POSITIVE MOOD & SLEEP PATTERNS\*\***

**MAY HELP CONTROL APPETITE\*\***

**\*\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Manufactured for MRM®  
2665 Vista Pacific Dr. • Oceanside, CA 92056 USA  
www.mrmnutrition.com • 1-800-948-6296

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BEST BY:

2211V04



**NUTRITION**

**5-HTP  
100 MG**

**MOOD SUPPORT\*\***

30 VEGAN CAPSULES

DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 1 Vegan Capsule  
Servings Per Container 30

### Amount Per Capsule

L-5-hydroxytryptophan (from Griffonia simplicifolia seed)	100 mg*
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\*Daily Value not established.

**Other Ingredients:** Rice flour and cellulose capsule.

Contains no added milk, egg, peanut, tree nut, fish, shellfish, soy, wheat, gluten or yeast ingredients.

**WARNING:** If you are pregnant or breastfeeding, taking prescription medication such as an antidepressant, or if you have heart disease, consult your physician before using this product.