

UNFLAVORED

KAPPA NUTRITION

Helping Others Stay Healthy



CREATINE MONOHYDRATE

THE FIRST ACTIVATED CREATINE IN THE WORLD

MICRONIZED 100% ACTIVATED



Nutrition Information



Solid Form



Build Muscle



Strength & Power



Improves Exercise



Brain Health

NET WT 1.32 LB (600g)
240 SERVINGS
2.5g per serving

Supplements Facts		
Serving Size:	1 Scoop (Approx. 2.5g)	2 Scoops (Approx. 5g)
Servings Per Container:	About 240	About 120
Amount Per Serving		% DV
Creatine Monohydrate 100% Activated	2.5g	5g

*Percent Daily Values (DV) are based on a 2,000-calorie diet. *Daily Value (DV) not established.

These statements have not been evaluated by the Food and Drug Administration. This Product is not intended to diagnose, treat, cure or prevent any disease.

TIPS: Consuming carbohydrates helps with muscle retention of creatine.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

**100%**
Pure Creatine
Monohydrate**2.5g**
PER
SERVING**BANNED
SUBSTANCE
TESTED****SUGGESTED USE:**

Mix 1 to 2 scoops with at least 8 ounces of water, juice, or preferred beverage daily or as recommended by your health-care or performance professional.

Can be used 30-90 minutes before or after exercise.

TAMPER EVIDENT:

Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

If pregnant, consult your health-care practitioner before using this product.

**CREATINE MONOHYDRATE MICRONIZED 100% ACTIVATED****BENEFITS:**

1. Helps muscle cells produce more energy.
2. Supports many other functions in muscles.
3. Improves high-intensity exercise performance.
4. Speeds muscle growth.
5. Can improve brain function.
6. It may reduce fatigue and tiredness.
7. Safe and easy to use.

At the end of the day, creatine is an effective supplement with powerful benefits for both athletic performance and health.

WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18 OR WOMEN WHO ARE PREGNANT, OR NURSING.

This product is packaged by weight, not by volume. Sealing of contents occurs over time and cannot be avoided.

Dietary Supplement / FOR PROFESSIONAL USE

WWW.KAPPANUTRITION.COM

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