

NaturesPlus®

SUSTAINED RELEASE
ULTRA I
DAILY

Iron Free
Multi-Nutrient Formula

90 Tablets | DIETARY SUPPLEMENT

Supplement Facts

Serving Size 1 Tablet		
Amount Per Serving		%Daily Value
Vitamin A (as beta carotene)	7500 mcg RAE (25,000 IU)	833%
Vitamin C (as ascorbic acid)	100 mg	111%
Vitamin D (as ergocalciferol)	25 mcg (1000 IU)	125%
Vitamin E (as d-alpha tocopheryl succinate)	67 mg (100 IU)	447%
Thiamin (vitamin B1) (as thiamine HCl)	100 mg	8333%
Riboflavin (vitamin B2)	100 mg	7692%
Niacin (as niacinamide)	100 mg NE	625%
Vitamin B6 (as pyridoxine HCl)	100 mg	5882%
Folate (as calcium-L-5-methyltetrahydrofolate)	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as methylcobalamin)	100 mcg	4167%
Biotin	100 mcg	333%
Pantothenic Acid (as calcium pantothenate)	100 mg	2000%
Choline (as bitartrate)	42 mg	8%
Calcium (as amino acid chelate/complex)	40 mg	3%
Iodine (from potassium iodide)	150 mcg	100%
Magnesium (as amino acid chelate/complex)	20 mg	5%
Zinc (as amino acid chelate/complex)	20 mg	182%
Selenium (as amino acid complex)	10 mcg	18%
Manganese (as amino acid chelate)	2 mg	87%
Chromium (as amino acid chelate)	15 mcg	43%

DIRECTIONS: One tablet daily.
Free from synthetic: colors, preservatives. Free from milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat and sesame.



VEGETARIAN



GLUTEN-FREE

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

Manufactured with LOVE ♥ by
Natural Organics, Inc.
makers of **NaturesPlus**
9500 New Horizons Blvd.

Amityville, New York 11701, USA
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PRODUCT NO. 3025



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Amount Per Serving

%Daily Value

PABA (para-aminobenzoic acid)	100 mg	†
Inositol	100 mg	†
Rutin (from <i>Sophora japonica</i> flower bud)	25 mg	†
Bioflavonoid Complex (from <i>Citrus limon</i> exocarp)	25 mg	†
Betaine HCl	25 mg	†
Hesperidin Complex (from <i>Citrus sinensis</i> whole fruit)	5 mg	†

†Daily Value not established.

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, di-calcium phosphate, calcium carbonate, zinc sulfate, magnesium oxide, magnesium stearate, silica, isolated soy protein, rice bran, papaya, watercress, parsley, alfalfa, green cabbage, acerola cherry, bromelain (from pineapple fruit), rose hips and pharmaceutical glaze.