

• ENERGY ON THE GO! •

NaturesPlus®

Source of Life®
Multi-Vitamin & Mineral Supplement
WITH WHOLE FOOD CONCENTRATES • EASY TO SWALLOW

Mini-Tabs No Iron



Vegetarian • 180 Tablets

GLUTEN
Free

Nutritional Support for Natural Energy Production
and Overall Well-Being.*

Free from artificial colors, artificial preservatives and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

DIRECTIONS: As a dietary supplement, six tablets once daily.
KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

Supplement Facts

Serving Size 6 Tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Calories.....	15
Total Carbohydrate.....	3 g 1%**
Dietary Fiber.....	1 g 4%**
Protein.....	1 g 2%**
Vitamin A (as beta carotene).....	3000 mcg RAE (10,000 IU) 333%
Vitamin C (as ascorbic acid).....	1000 mg 1111%
Vitamin D3 (as vegan cholecalciferol).....	25 mcg (1000 IU) 125%
Vitamin E (as d-alpha tocopheryl succinate).....	134 mg (200 IU) 893%
Vitamin K2 (as menaquinone-4, menaquinone-7).....	80 mcg 67%

Thiamin (vitamin B1) (as thiamine HCl).....	25 mg 2083%
Riboflavin (vitamin B2).....	25 mg 1923%
Niacin (as niacinamide).....	40 mg NE 250%
Vitamin B6 (as pyridoxine HCl).....	25 mg 1471%
Folate (as calcium-L-5-methyltetrahydrofolate).....	667 mcg DFE 167% (400 mcg L-methylfolate)

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PRODUCT NO.
30588

LBL. 1142026

PEEL HERE

Manufactured with LOVE ♥ by Natural Organics
Laboratories, Inc., makers of NaturesPlus
9500 New Horizons Blvd., Amityville, NY 11701, USA
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Amount Per Serving	% Daily Value
Vitamin B12 (as methylcobalamin).....	1000 mcg 41,667%
Biotin.....	100 mcg 333%
Pantothenic Acid (as calcium pantothenate).....	60 mg 1200%
Choline (as bitartrate).....	30 mg 5%
Calcium (as aminoate complex).....	200 mg 15%
Iodine (as potassium iodide).....	150 mcg 100%
Magnesium (as aminoate complex).....	100 mg 24%
Zinc (as aminoate complex, picolinate).....	15 mg 136%
Selenium (as aminoate complex).....	25 mcg 45%
Copper (as aminoate complex).....	0.5 mg 56%
Manganese (as aminoate complex).....	2 mg 87%
Chromium (as aminoate complex).....	20 mcg 57%
Molybdenum (as aminoate complex).....	37.5 mcg 83%
Spirulina.....	1000 mg†
Essential Fatty Acid-Rich Whole Food.....	500 mg†
Energy & Prebiotic Fiber Blend - Plant Cellulose, Spirulina, Black Currant, Sunflower Seed Oil, Octadecanoic Acid (supplying 9 mg healthful fatty acids)	
Bioflavonoids (from Citrus spp. fruit & peel) (active flavanones, flavanols, flavones and related phenolic compounds)	60 mg†
Korean Ginseng Root (Panax ginseng).....	50 mg†
Inositol.....	30 mg†
Quercetin (from Dimorphandra spp.).....	30 mg†
Papain (from papaya fruit).....	30 mg†
Rutin (from Sophora japonica flower bud).....	25 mg†
Betaine HCl.....	25 mg†
Apple Pectin.....	20 mg†
PABA (para-aminobenzoic acid).....	15 mg†
Chlorophyll (from mulberry-derived sodium copper chlorophyllin and spirulina)	15 mg†
Bromelain (from pineapple fruit) (24 gelatin digesting units)	12 mg†
Hesperidin Complex (from Citrus sinensis whole fruit).....	10 mg†
Amylase (from Aspergillus oryzae fermentation).....	5 mg†
Lipase (from Aspergillus niger fermentation).....	5 mg†
Carotenoids.....	4 mg†
Octacosanol.....	200 mcg†

**Percent Daily Values are based on a 2,000 calorie diet.
†Daily Value not established.

Other ingredients: Di-calcium phosphate, microcrystalline cellulose, hydroxypropyl cellulose, magnesium oxide, vegetable cellulose, zinc sulfate, magnesium stearate, silica, manganese sulfate, astragalus root, Echinacea angustifolia root, thyme leaf, ligustrum berry, schisandra fruit, rice bran, stearic acid and pharmaceutical glaze. Mineral aminoates are whole brown rice chelates.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.