

NaturesPlus.
HEMA-PLEX
Iron
Mini-Tabs
 with Essential Nutrients for
HEALTHY RED BLOOD CELLS

- ▶ Easy On The Stomach
- ▶ High Potency Iron
- ▶ Proven Results



Unique synergistic nutritional support complex with over 25 years of proven results and millions of satisfied customers

60 SLOW-RELEASE MINI-TABS | Dietary Supplement

DIRECTIONS: As a dietary supplement, two mini-tabs daily or as directed by your qualified healthcare practitioner.

Supplement Facts

Serving Size 2 Mini-Tabs
 Servings Per Container 30

Amount Per Serving	% Daily Value
Vitamin C (Proprietary Esterified Complex – as ascorbic acid, ascorbyl palmitate, magnesium ascorbate, potassium ascorbate, zinc ascorbate)	300 mg 333%
Vitamin E (as d-alpha tocopheryl acetate)	20 mg (30 IU) 133%
Thiamin (vitamin B1) (as thiamine HCl)	25 mg 2083%
Riboflavin (vitamin B2)	25 mg 1923%
Niacin (as niacinamide)	50 mg NE 313%
Vitamin B6 (as pyridoxine HCl)	25 mg 1471%
Folate (as calcium-L-5-methyltetrahydrofolate) (400 mcg L-methylfolate)	667 mcg DFE 167%
Vitamin B12 (as methylcobalamin)	500 mcg 20,833%
Pantothenic Acid (as calcium pantothenate)	25 mg 500%
Iron (as amino acid chelate/complex)	85 mg 472%
Zinc (as monomethionine*)	5 mg 45%
Selenium (as amino acid chelate)	10 mcg 18%
Copper (as amino acid chelate)	2 mg 222%
Manganese (as amino acid chelate/complex)	5 mg 217%
L-Glutamine (free form amino acid)	50 mg †
Proanthoplex Proprietary Proanthocyanidin/Bioflavonoid Complex: Bioflavonoids (from <i>Citrus</i> spp. fruit and peel), Green Tea leaf, Bilberry fruit, Red Raspberry fruit, Black Raspberry fruit	25 mg †

Continued on back of label.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ by
Natural Organics, Inc.
 makers of **NaturesPlus**
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 Amityville, New York 11701, USA
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Beet (<i>Beta vulgaris</i>)	15 mg	†
Bioperine*** (<i>Piper nigrum</i> fruit extract) (2.37 mg piperine)	2.5 mg	†
†Daily Value not established.		

Other ingredients: Microcrystalline cellulose, ferrous fumarate, hydroxypropyl methylcellulose, di-calcium phosphate, stearic acid, manganese sulfate, magnesium stearate, silica, chlorophyllin, spirulina, spinach (*Spinacia oleracea* leaf), broccoli (*Brassica oleracea* floret), shattered-cell-wall chlorella.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
 KEEP OUT OF REACH OF CHILDREN.

Free from synthetic: colors, preservatives. Free from milk, egg, fish, crustacean shellfish, tree nuts, peanut, wheat, soy and sesame.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutritional Support for Healthy Blood*

Deficiency of iron in the diet and the resulting less-than-optimal blood levels are a significant worldwide healthcare concern across all age groups and all demographics. HEMA-PLEX® Mini-Tabs, high-potency iron that's gentle and easy on the stomach. Enjoy high-potency, organically bound iron, with essential nutrients needed for optimal blood health.



2 mini-tabs per serving deliver 85 mg Elemental Iron

OptiZinc®

**OptiZinc® is a Lonza trademark, registered in USA.
 Methionine-bound zinc complex.

BioPERINE™

is a registered trademark and patented product of Sabinsa Corp.

For more information about HEMA-PLEX and the benefits and importance of iron, go to www.HemaPlex.com