

NaturesPlus. HEMA-PLEX[®] Iron Tablets

- ▶ Easy On The Stomach
- ▶ High Potency Iron
- ▶ Proven Results

with Essential Nutrients for
HEALTHY RED BLOOD CELLS



Unique synergistic nutritional support complex with over 25 years of proven results and millions of satisfied customers

30 SLOW-RELEASE TABLETS | Dietary Supplement

DIRECTIONS: As a dietary supplement, one tablet daily or as directed by your qualified healthcare practitioner.

Supplement Facts		
Serving Size 1 Tablet	Amount Per Serving	% Daily Value
	Vitamin C (Proprietary Esterified Complex – as ascorbic acid, ascorbyl palmitate, magnesium ascorbate, potassium ascorbate, zinc ascorbate)	300 mg 333%
	Vitamin E (as d-alpha tocopheryl acetate)	20 mg (30 IU) 133%
	Thiamin (vitamin B1) (as thiamine HCl)	25 mg 2083%
	Riboflavin (vitamin B2)	25 mg 1923%
	Niacin (as niacinamide)	50 mg NE 313%
	Vitamin B6 (as pyridoxine HCl)	25 mg 1471%
	Folate (as calcium-L-5-methyltetrahydrofolate) (400 mcg L-methylfolate)	667 mcg DFE 167%
	Vitamin B12 (as methylcobalamin)	500 mcg 20,833%
	Pantothenic Acid (as calcium pantothenate)	25 mg 500%
	Calcium (as amino acid chelate/complex)	25 mg 2%
	Iron (as amino acid chelate/complex)	85 mg 472%
	Zinc (as monomethionine**)	5 mg 45%
	Selenium (as amino acid complex)	10 mcg 18%
	Copper (as amino acid chelate)	2 mg 222%
	Manganese (as amino acid chelate/complex)	5 mg 217%
	L-Cysteine (free form amino acid)	50 mg †
	Proanthoplex Proprietary Proanthocyanidin/Bioflavonoid Complex: Bioflavonoids (from <i>Citrus</i> spp. fruit and peel), Red Raspberry fruit, Black Raspberry fruit, Green Tea leaf, Bilberry fruit	25 mg †

Continued on back of label.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a physician or poison control center immediately.

Manufactured with LOVE ♥ by
Natural Organics, Inc.
makers of **NaturesPlus**
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Amityville, New York 11701, USA
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PRODUCT NO. 3760



GF Gluten Free **non-GMO** **V** Vegetarian

OptiZinc[®]

**OptiZinc[®] is a Lonza trademark, registered in USA. Methionine-bound zinc complex.

BioPERINE[™]

is a registered trademark and patented product of Sabinsa Corp.

L-Cysteine (free form amino acid)	50 mg	†
Proanthoplex Proprietary Proanthocyanidin/Bioflavonoid Complex: Bioflavonoids (from <i>Citrus</i> spp. fruit and peel), Red Raspberry fruit, Black Raspberry fruit, Green Tea leaf, Bilberry fruit	25 mg	†

Beet (<i>Beta vulgaris</i>)	15 mg	†
Bioperine*** (<i>Piper nigrum</i> fruit extract) (2.37 mg piperine)	2.5 mg	†

†Daily Value not established.

Other ingredients: Ferrous fumarate, microcrystalline cellulose, di-calcium phosphate, hydroxypropyl methyl cellulose, stearic acid, manganese sulfate, silica, magnesium stearate, spirulina, calcium carbonate, chlorophyll, spinach (*Spinacia oleracea* leaf), broccoli (*Brassica oleracea* floret), shattered-cell-wall chlorella and pharmaceutical glaze.

KEEP TIGHTLY CLOSED IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.

Free from artificial colors, artificial preservatives and all of the major allergens identified in the U.S. Food Allergen Labeling and Consumer Protection Act.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutritional Support for Healthy Blood*

Deficiency of iron in the diet and the resulting less-than-optimal blood levels are a significant worldwide healthcare concern across all age groups and all demographics.

For more about HEMA-PLEX and the benefits and importance of iron, go to www.HemaPlex.com