SUGGESTED USE: 2 capsules daily preferably with meals or as directed by a healthcare professional. CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers,

children under 18, and individuals with

a known medical condition should consult a physician before using this or

any dietary supplement. This product is

manufactured and packaged in a facility which may also process milk,

soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish





















## **THYROID** SUPPORT

With **lodine** 





✓ Healthy Metabolism



## **Supplement Facts**

300 mg

## Serving Size 2 Capsules Servings Per Container: 30

Amount Per Serving	%Daily Val	
Vitamin B-12 (as cyanocobalamin)	100 mcg	416
Iodine (from kelp / potassium iodide)	150 mcg	10
Magnesium (as oxide)	200 mg	4
Zinc (as oxide)	8 mg	7
Selenium (as amino acid chelate)	200 mcg	36
Copper (as oxide)	0.2 mg	2:
Manganese (as amino acid chelate)	2 mg	8

Ashwagandha Root Powder	200 mg
Bladderwrack Powder (thallus)	50 mg
Cayenne Pepper Powder (fruit)	30 mg
Kelp	38 mg

\*Daily Value not established

A COOL, DRY PLACE

L-Tyrosine

Other ingredients: Rice flour, gelatin (bovine). vegetable magnesium stearate, silicon dioxide and KEEP OUT OF THE REACH OF CHILDREN, DO NOT USE