

SUGGESTED USE: 1 to 2 capsules taken at bedtime or as directed by a healthcare professional.

CAUTION: For relief of occasional sleeplessness only. Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti-depressants. Avoid driving or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



NATURAL CALM

SLEEP

FORMULA

Supports Rest & Relaxation[†]

with Magnesium, L-Theanine,
GABA & 5-HTP

manufactured for
PureMax Labs
949-371-5530
Costa Mesa, CA92626
PureMaxLabs.com

60
Capsules

Dietary Supplement

For relief of occasional sleeplessness only

Supplement Facts

Serving Size 2 Vegetable Capsules
Servings Per Container:

Amount Per Serving	%Daily Value
Magnesium (as oxide / citrate)	200mg 48%
L-Theanine	400 mg *
GABA (gamma-Aminobutyric acid)	100 mg *
Phellodendron Root Powder	100 mg *
<i>Mucuna pruriens</i> (15% extract) (seed)	100 mg *
5-HTP (5-Hydroxytryptophan)	50 mg *
Melatonin	2 mg *

*Daily Value not established.

Other ingredients: Rice powder, vegetable cellulose, vegetable magnesium stearate, silicon dioxide and titanium dioxide.

**KEEP OUT OF THE REACH OF CHILDREN. DO NOT
USE IF SAFETY SEAL IS DAMAGED OR MISSING.
STORE IN A COOL, DRY PLACE.**

