

SUGGESTED USE: 1 capsule taken 1 to 2 times daily preferably with meals or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.



MAGNESIUM COMPLEX

500mg Citrate & Oxide High Absorption Formula

- ✓ Supports Muscle Recovery
- ✓ Supports Restful Sleep
- ✓ Supports Bone Health



Supplement Facts

Serving Size 1 Vegetable Capsule
Servings Per Container: 60

Amount Per Serving	%Daily Value
Magnesium (as oxide / citrate) 500 mg	119%

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, vegetable magnesium stearate and silicon dioxide.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



manufactured for
PureMax Labs
949-371-5530
Costa Mesa, CA 92626
PureMaxLabs.com

60
Capsules

Dietary Supplement - Vegetable Capsules

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.