

WHEY/CASEIN BLEND <
SPORT PROTEIN

WHAT YOU GET.

- > Advanced, protein blend promotes muscle repair and helps aid recovery*
- > Supports lean muscle growth*
- > Full spectrum, staged release protein blend
- > Enzyme-assisted formula to aid digestion
- > Formulated to provide 5g Branched Chain Amino Acids per serving, including 500 mg of an added BCAA blend, to help promote lean muscle growth.*
- > Low glycemic index
- > No preservatives added
- > No yeast, wheat, starch, fish or egg added

TYPICAL AMINO ACID PROFILE PER SERVING

L- Alanine	1000 mg
L- Arginine	640 mg
L- Aspartic Acid	2390 mg
L- Cystine	440 mg
L- Glutamic Acid	4350 mg
Glycine	420 mg
L- Histidine	480 mg
L- Isoleucine [BCAA]	1360 mg
L- Leucine [BCAA]	2300 mg
L- Lysine	1980 mg
L- Methionine	550 mg
L- Phenylalanine	850 mg
L- Proline	1150 mg
L- Serine	1160 mg
L- Threonine	1350 mg
L- Tryptophan	410 mg
L- Tyrosine	850 mg
L- Valine [BCAA]	1320 mg

Supplement Facts

Serving Size: 1 Scoop (41g)
Servings Per Container: about 20

Amount Per Serving	% DV
Calories 160	
Calories from Fat 15	
Total Fat 2 g	3%**
Saturated Fat 1 g	5%**
Trans Fat 0 g	†
Cholesterol 45 mg	15%**
Total Carbohydrate 9 g	3%**
Dietary Fiber 1 g	2%**
Sugars 8 g	†
Protein 23 g	46%
Calcium 271 mg	27%
Sodium 60 mg	3%**
BCAA Blend 500 mg	†

† Daily Value (DV) not established.
** Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: Whey protein concentrate (from milk), milk protein isolate, fructose, natural flavors, glycine, calcium caseinate (from milk), micellar casein (from milk), whey protein isolate (from milk), hydrolyzed whey protein (from milk), branched chain amino acid blend (leucine, isoleucine, valine), sodium caseinate (from milk), medium chain triglycerides, guar gum, xanthan gum, papain, bromelain, fructooligosaccharides, rebA (stevia), lecithin (soy or sunflower).

INSTRUCTIONS: Add 1 scoop (41 g) to 6-8 oz of cold water, shake or blend for about 5 seconds and enjoy. For best results, use as part of a proper diet and exercise program.

WARNING: Do not use if pregnant or nursing. Consult a health care professional before use if you are taking any medication or have any medical condition.

KEEP OUT OF REACH OF CHILDREN

BEST IF USED BY DATE SHOWN ON BOTTLE.
STORE IN A COOL, DRY PLACE.

VERY VANILLA
with other natural flavors

TWINLAB®

CLEANSERIES™

WHEY/CASEIN BLEND <

SPORT
PROTEIN

BCAA BOOSTED

NO ARTIFICIAL
COLORS, FLAVORS,
OR SWEETENERS

Non-GMO
& BANNED
SUBSTANCE
TESTED

NSF

Non-GMO
TESTED

CERTIFIED
GLUTEN FREE

INFORMED-
CHOICE
Trusted by sport

Contents Tested & Certified

TWINLAB®

A NSF® GMP for
Sport registered facility

MANUFACTURED BY TWINLAB CORPORATION
AMERICAN FORK, UT 84003 USA
1-800-645-5626

Certified Gluten-Free by NSF®

23g
SERVING
PROTEIN

DIETARY SUPPLEMENT
NET WT 1.75 LBS (795g)

CLEANSERIES

OUR PROMISE

Twinlab Clean Series represents a new standard in trust and quality for sports nutrition products. Created from scratch with the single-minded purpose of proving that you don't have to sacrifice performance for peace of mind, this product is painstakingly produced in our own NSF® GMP for Sport registered facility and is held to the highest standards.



Contents Tested & Certified



Independently certified by the NSF® International product certification program to meet nutrient label claims.

Batch tested by HFL for banned substances in accordance with the HFL Informed Sport and Informed Choice programs.

Non-GMO
TESTED

NON-GMO TESTED: Independently PCR (Polymerase Chain Reaction) tested by a third party lab for genetically modified DNA to a limit of 0.9%.



TwinID™ Tested to confirm the identity of each and every ingredient through our rigorous testing procedures.



Certified-Gluten Free by NSF®.

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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