

SUGGESTED USE: 1 to 2 capsules taken at bedtime with 8 ounces of water or as directed by a healthcare professional.

CAUTION: Do not exceed the recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti-depressants. Reduce dose if drowsiness occurs. Avoid driving or performing other potentially dangerous tasks while taking this formula. If you have questions about the advisability of taking this product, consult a physician prior to use. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.



5-HTP

100mg PER SERVING

Supports Calm
& Relaxation



Premium
Ingredients



Supplement Facts

Serving Size 2 Capsules

Servings Per Container: 30

Amount Per Serving	%Daily Value
5-HTP (5-Hydroxytryptophan) (Griffonia simplicifolia seed)	100mg *

*Daily Value not established.

Other ingredients: Rice powder, gelatin (bovine) and vegetable magnesium stearate.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



manufactured for
PureMax Labs
949-371-5530
Costa Mesa, CA 92626
PureMaxLabs.com

60
Capsules

Dietary Supplement

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.