

Suggested Use: Take 2 capsules daily, with food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Pregnant or lactating women, the chronically ill, elderly, individuals under the age of 18, those taking prescription medications as well as those with a physician-diagnosed medical condition should consult with a physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Store in a cool, dry place. Protect from heat, light, and moisture.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CALIFORNIA **GOLD** NUTRITION®

Magnesium Bisglycinate

TRAACS®

Supports Bone, Heart, Nerve & Muscle Health*

Formulated Without:

- Gluten
- GMOs
- Soy

240 Veggie Capsules
Dietary Supplement



Supplement Facts

Serving Size 2 Capsules
Servings Per Container 120

	Amount Per Serving	% Daily Value
Magnesium (as Magnesium Bisglycinate Chelate)	200 mg	48%

Other Ingredients: Modified Cellulose (Hypromellose Veggie Capsule), Microcrystalline Cellulose, Magnesium Stearate, and Silicon Dioxide (Silica).

Not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in an FDA-registered, third-party audited, and cGMP-compliant facility that may process other products that contain these allergens or ingredients.

Formulated with TRAACS®. TRAACS® is a registered trademark of Albion Laboratories, Inc., Utah.

All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.

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