

Suggested Usage: Take 1 capsule daily without food. Best when taken as directed by a qualified healthcare professional.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Warnings: Keep out of reach of children. Pregnant or lactating women, the chronically ill, elderly, individuals under the age of 18, those taking prescription medications (e.g., cardiovascular medicines) as well as those with a physician-diagnosed medical condition should consult with a physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

Manufactured for:
Madre Labs, LLC
301 N. Lake Ave., #500
Pasadena, CA 91101
info@calgn.com
www.calgn.com
LREV09211fbc cgn1347



CALIFORNIA **GOLD** NUTRITION®

Iron

Ferrochel® Ferrous Bisglycinate Chelate

36 mg

Gentle and Non-Constipating*

Suitable for Vegans

Formulated to Contain

NO Gluten
NO GMOs
NO Soy

90 Veggie Capsules
Dietary Supplement



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 90

	Amount Per Serving	%Daily Value
Iron (as Ferrous Bisglycinate Chelate)	36 mg	200%

Other Ingredients: Rice Flour, Modified Cellulose (Veggie Capsule), Rice Hulls, and Rice Bran Extract.

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy, sesame, or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

Formulated with Ferrochel®.

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