

Suggested Use:

Take 1 capsule 1-4 times daily, preferably with a meal, or as directed by a physician.

Caution:

Do not exceed recommended dose. Pregnant and nursing mothers, children under the age of 18, and individuals with a known medical condition or taking prescription medication should consult a physician before taking this or any dietary supplement.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MADE IN
USA
WITH GLOBAL
INGREDIENTS



MANUFACTURED AT AN
FDA
REGISTERED FACILITY

NO
GMOs

lifted
N A T U R A L S

MAGNESIUM COMPLEX

- ✓ Superior Bioavailability*
- ✓ Supports Relaxation & Mood*
- ✓ Supports Nerves, Muscles & Joints*
- ✓ Supports Cardiovascular Health*
- ✓ Supports Energy Production*

120
CAPSULES

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

Amount Per Serving	% Daily Value	
Magnesium	70 mg	17%
(as Bisglycinate, Malate, and Taurate)		

**Daily Value not established

Other Ingredients: Methylcellulose Capsule

Distributed By:

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