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Batch No. and Best Before

1200mg fish oil per capsule

High strength concentrate to 840mg
EPA/DHA per softgel

Exceeds professional standards for
quality and purity

Friend of the Sea certified,
eco-friendly and sustainable

www.inessawellness.com

DIRECTIONS: Take one capsule daily with food, or as recommended
by a healthcare professional. Do not exceed the recommended intake.
Do not use as a substitute for a varied diet and healthy lifestyle.

STORE IN A COOL, DRY PLACE AND OUT OF SIGHT AND REACH OF CHILDREN



INESSA

ADVANCED OMEGA 3

HIGH STRENGTH • ULTRA PURE
ECO-FRIENDLY FISH OIL

FOOD SUPPLEMENT

60 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Servings Per Container 60

	Amount per serving	% Daily Value
Calories	10	
Total Fat	1 g	1%*
Vitamin E (d-alpha-tocopherol)	3.3 mg	22%
Fish Oil Concentrate (from anchovy)	1200 mg	**
Total Omega 3 Fatty Acid (EPA/DHA)	840 mg	
EPA (eicosapentaenoic acid)	480 mg	**
DHA (docosahexaenoic acid)	360 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

INGREDIENTS: Fish oil concentrate, natural vitamin E.
Softgel capsule - fish gelatin, glycerine, purified water.

CONTAINS: Fish

Manufactured for Inessa, 78 York Street, London, W1H 1DP, UK
(619) 639-8680

Produced in the UK