

natural
SMART HEALTH

SPIRULINA

ORGANIC SPIRULINA POWDER

Spirulina is a nutrient-rich blue-green algae packed with proteins, vitamins and minerals*

0.26lb (120g)

Supplement Facts

Serving Size 1 Scoop (4g)
Servings Per Container 30

	Amount Per Serving	% Daily Value*
Vitamin A	547 mcg	61%
Vitamin K	39 mcg	32%
Thiamin	0.1 mg	11%
Riboflavin	0.1 mg	11%
Niacin	1 mg	7%
Vitamin B6	0.1 mg	4%
Iron	2 mg	13%
Phosphorus	25 mg	2%
Iodine	56 mcg	37%
Magnesium	11 mg	3%
Copper	0.2 mg	27%
Manganese	0.1 mg	5%
Sodium	15 mg	1%

*% Daily Values are based on a 2,000 calorie diet.

Ingredients: 100 Spirulina powder (Arthrospira platensis).

SUGGESTED USE

To start with the recommended dosage is ½ teaspoon a day, gradually increasing to 3 teaspoons, taken with food or around an hour before mealtimes.

CAUTION

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for and distributed by:
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