

SUGGESTED USE: For the first 60 days, take 3 scoops (3g) in the morning before breakfast, and 3 scoops in the evening before dinner. After 60 days, take 3 scoops in the morning before breakfast. Boil for a few minutes in water and drink, or add to your favorite smoothie, shake or yogurt.

WARNING: Keep out of reach of children. Do not use if safety seal is damaged or missing. Store in a cool, dry place.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult a physician before using this or any dietary supplement.



NATURAL
SMART HEALTH

INSULIN PLANT

BLOOD SUGAR SUPPORT

COSTUS IGNEUS • LEAF POWDER

DIETARY SUPPLEMENT
NET WT 6.3 OZ. (180G)



SUPPLEMENT FACTS

Serving Size: 3 Scoops (3g)

Servings Per Container: 60

	Amount Per Serving	% Daily Value
Costus Igneus Leaf Powder	3,000mg	**
(Chamaecostus cuspidatus)		

** Daily Value (DV) Not Established

Ingredients: Costus Igneus.

NO FILLERS, CHEMICALS OR
PRESERVATIVES

These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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