

Suggested Use: As a dietary supplement, take ONE (1) gummy once a day.

Caution: If you are pregnant, nursing, taking medication, or if you are under a physician's care, consult your health care professional before using this or any other dietary supplement.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

NATURAL SMART HEALTH

ASHWAGANDHA GUMMY

DIETARY SUPPLEMENT

30
GUMMIES

† These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product has been manufactured in an FDA registered facility.

Supplement Facts

Serving Size: 1 Gummy
Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	8	
Total Carbohydrate	2 g	1%
Total Sugars	2 g	*
Includes 2 g Added Sugars		4%
Vitamin D2 (as ergocalciferol)	100 mcg (4000IU)	500%
Zinc (as zinc citrate)	2 mg	18%
Sodium (as sodium citrate)	0 mg	0%
Ashwagandha (Withania somnifera)(root) (Standardized to 3% Withanolides [1.5 mg])	750 mg	**

Percent Daily Values are based on a 2,000 calorie diet. *Daily Value not established.

Other Ingredients: Glucose syrup, sugar, glucose, pectin, citric acid, sodium citrate, natural cherry flavor, vegetable oil (with carnaubua wax) and spinach powder.

**750 mg Equivalent from 25 mg of Ashwagandha 30:1 Extract

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NaturalSmartHealth.com
1530 P.B Lane # L4120
Wichita Falls, Texas
76702-2612