

1223-200  
Rev. 8



★★★★★  
CERTIFIED

MASON natural®  
EST. 1967

**FISH OIL**  
**1000 MG | 300 MG**  
**OMEGA-3**

**HEART HEALTH\***



**200 SOFTGELS • DIETARY SUPPLEMENT**

**DIRECTIONS:** Adults - Take one softgel daily, preferably with food, as a dietary supplement.

## Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1%†
Cholesterol	5 mg	2%†
Fish Oil	1,000 mg	**
Provides 300 mg of Total Omega-3 Fatty Acids comprising of:		**
EPA (Eicosapentaenoic Acid)		
DHA (Docosahexaenoic Acid)		

†Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, vegetable glycerin, purified water, vitamin E mixed tocopherols.

**ALLERGEN CERTIFICATION** - This product contains fish (anchovy, mackerel, sardine) oil and soy.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**GUARANTEED NO ADDED:** Wheat, Milk, Egg, Crustacean Shellfish, Tree Nuts, Peanuts.

Supportive, but not conclusive, research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.\* One serving of Fish Oil 1,000 mg provides 300 mg of EPA and DHA omega-3 fatty acids.

**CAUTION:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

**Keep out of reach of children.**

**TAMPER-EVIDENT SEAL:** Do not use product if seal appears tampered with.

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).

**SUSTAINABLY SOURCED  
PURIFIED TO ELIMINATE MERCURY**



GLUTEN FREE

**Manufactured in the USA for:**  
**MASON VITAMINS, INC.** Miami Lakes, FL 33014  
1-888-860-5376 • [www.MasonVitamins.com](http://www.MasonVitamins.com)

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LOT/EXP. DATE

