

1223-120

Rev. 9

MASON natural  
EST. 1967



★★★★  
CERTIFIED



FISH OIL  
1000 MG | 300 MG  
OMEGA-3

HEART HEALTH\*



120 SOFTGELS • DIETARY SUPPLEMENT LOT/EXP. DATE

**DIRECTIONS:** Adults - Take one softgel daily, preferably with food, as a dietary supplement.

### Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% DV
Calories	10	
Total Fat	1 g	1%†
Cholesterol	5 mg	2%†
Fish Oil	1,000 mg	**
Provides 300 mg of Total Omega-3 Fatty Acids comprising of:		**
EPA (Eicosapentaenoic Acid)		
DHA (Docosahexaenoic Acid)		

†Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value not established.

**OTHER INGREDIENTS:** Gelatin, vegetable glycerin, purified water, vitamin E mixed tocopherols.

**ALLERGEN CERTIFICATION** - This product contains fish (anchovy, mackerel, sardine) oil and soy.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**GUARANTEED NO ADDED:** Wheat, Milk, Egg, Crustacean Shellfish, Tree Nuts, Peanuts.

Supportive, but not conclusive, research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.\* One serving of Fish Oil 1,000 mg provides 300 mg of EPA and DHA omega-3 fatty acids.

**CAUTION:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

**Keep out of reach of children.**

**TAMPER-EVIDENT SEAL:** Do not use product if seal appears tampered with.

Store in a dry place under controlled room temperature: 20°- 25°C (68°-77°F).

**SUSTAINABLY SOURCED  
PURIFIED TO ELIMINATE MERCURY**



GLUTEN FREE

Manufactured in the USA for:  
**MASON VITAMINS, INC.** Miami Lakes, FL 33014  
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