

566-100A
Rev. 7



★★★★★
CERTIFIED



MASON  natural[®]
EST. 1967

B-1
250MG

CONVERSION OF FOOD
INTO ENERGY*

100 TABLETS • DIETARY SUPPLEMENT

DIRECTIONS: Adults - Take one tablet daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Thiamin (Vitamin B1)(as thiamine hydrochloride)	250 mg	20,833%

OTHER INGREDIENTS: Microcrystalline cellulose, stearic acid, vegetable magnesium stearate.

GUARANTEED NO ADDED: Dairy, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soy, Sesame, Sugar, Starch, Yeast, Corn, Fragrance, Artificial Colors or Flavors, Preservatives, Animal Products. Sodium Free.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



SUITABLE FOR VEGETARIANS

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered with.

Store in a dry place under controlled room temperature:
20° - 25°C (68° - 77°F).



GLUTEN FREE



SOY FREE

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

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LOT/EXP. DATE