

1313-100A

Rev. 6

★★★★★
CERTIFIED

MASON  **natural**
EST. 1967

WHOLE HERB
FLAXSEED OIL
1000 MG

OMEGA 3-6-9

HEART HEALTH*



100 SOFTGELS • DIETARY SUPPLEMENT

LOT/EXP. DATE

Supplement Facts

Serving Size: 1 Softgel

	Amount Per Serving	%Daily Value
Calories	10	
Total Fat	1 g	1%†
Polyunsaturated Fat	0.5 g	**
Organic Flaxseed Oil	1,000 mg	**
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	450 mg	**
Linoleic Acid (Omega-6)	110 mg	**
Oleic Acid (Omega-9)	110 mg	**
Other Fatty Acids	50 mg	**

†Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

OTHER INGREDIENTS: Gelatin (bovine), glycerin, purified water.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION.
THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Contains naturally harvested herbal products.
Color variation is possible.

GUARANTEED NO ADDED: Wheat, Milk, Egg, Crustacean Shellfish, Tree Nuts.

DIRECTIONS: Adults - Take one softgel daily, preferably with food, as a dietary supplement.

CAUTION: If you are pregnant, nursing, taking any medications or have any medical condition, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur.

Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered with.

Store in a dry place under controlled room temperature: 20° - 25°C (68°-77°F).

Manufactured in the USA for:

MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com



GLUTEN FREE

Mason Natural® is a registered trademark and does not refer to any product or ingredient claim.

