

organic
Nighty Night®

We get our passionflower from small farms in some of the most **beautiful old farming villages** in northern Italy. Walking amongst the rolling hillsides, we're always struck by the **otherworldly beauty** of *Passiflora incarnata* in bloom.

Harvested from late spring through fall, the truly long vines of the passionflower plant are machine-harvested and hung up in the shade to air dry. The fruits are removed, but the rest of the aerial parts (leaves, vines and flowers) are cut and later blended with the other herbs in this tea to make our **signature relaxation blend**.

www.traditionalmedicinals.com



We've Got the Right Stuff

We raise the bar. The quality standard of the herbs we use is hard to pronounce, difficult to meet, and it's what makes us different, better. We're not ashamed to say it. **Pharmacopoeial**: it's the only quality standard our herbalists can rely on when blending teas for your health and wellness.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NEW LOOK
SAME GREAT TEA!



Created by

Herbalists

organic
Nighty Night®

relieves Occasional Sleeplessness*

Naturally Caffeine Free Herbal Tea

16 Wrapped Tea Bags
Herbal Supplement

NET WT .85 OZ (24g)



Supplement Facts

Serving Size 1 Cup Brewed Tea

Servings Per Container 16

	Amount Per Serving	% DV
Calories		0
All Herbal Ingredients:		
Organic passionflower herb [PhEur]**	360 mg	†
Organic chamomile flower†† [PhEur]**	255 mg	†
Organic linden flower [PhEur]**	135 mg	†
Organic catnip herb [BHP]**	45 mg	†
Organic hop strobile [PhEur]**	30 mg	†
Proprietary Blend:	675 mg	
Organic spearmint leaf††		†
Organic lemon verbena leaf		†
Organic lemon peel		†
Organic West Indian lemongrass leaf		†

† Daily Value (DV) not established.

Made By TRADITIONAL MEDICINALS

4515 Ross Road, Sebastopol, CA 95472

Certified by the California Certified Organic Farmers (CCOF)

100% Organic Ingredients

††36% Fair Trade Certified™ ingredients by dry weight.

www.fairtradeusa.org



Consult your healthcare practitioner: if sleeplessness persists continuously for more than two weeks; if you are taking medication with sedative properties; if you have depression and/or related diseases; or if you are **pregnant or breastfeeding**. Consumption with alcohol is not recommended. Some people may experience drowsiness. Exercise caution if operating heavy machinery, driving a motor vehicle, or involved in activities requiring mental alertness within 2 hours of consumption. **Do not use** if you have known allergies to plants of the dairy (Asteraceae) family like chamomile or echinacea. **Not recommended for use with children under 12 years of age.**

**This is the pharmacopoeial quality standard we use because quality matters.