organic

Mother's Milk®

The herbs in this tea—fennel, anise, coriander, fenugreek and blessed thistle—are **galactagogues**, which has nothing at all to do with their reputation for space travel and everything to do with their power to **promote healthy** lactation *

The term galactagogue comes from the Greek word "galactos," meaning "milk" and "agogue," which means "bringer of." Women have been successfully using these herbs for centuries to help them breastfeed.

www.traditionalmedicinals.com



We've Got the Right Stuff

We raise the bar. The quality standard of the herbs we use is hard to pronounce, difficult to meet, and it's what makes us different, better. We're not ashamed to say it. Pharmacopoelal: it's the only quality standard our herbalists can rely on when

blending teas for your health and wellness.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



organic Mother's Milk®

promotes Healthy Lactation*

Naturally Caffeine Free Herbal Tea

16 Wrapped Tea Bags **Herbal Supplement**

NET WT.99 OZ (28g)



Supplement Facts

Serving Size 1 Cup Brewed Tea

Servings Per Container 16

	Amount Per Serving	%DV
Calories	0	
Organic bitter fennel fruit [PhEur]**	560 mg	†
Organic anise fruit [PhEur]**	350 mg	†
Organic coriander fruit [PhEur]**	210 mg	†
Organic fenugreek seed [PhEur]**	35 mg	†
Organic blessed thistle herb [DAC]**	35 mg	†
Proprietary Blend:	560 mg	
Organic spearmint leaf		†
Organic West Indian lemongrass leaf		†
Organic lemon verbena leaf		†
Organic marshmallow root		t

† Daily Value (DV) not established.

Made By TRADITIONAL MEDICINALS

4515 Ross Road, Sebastopol, CA 95472 Certified by the California Certified Organic Farmers (CCOF) 100% Organic Ingredients







This product is intended for use when nursing.

Do not use this product if you are allergic to plants in the parsley (Apiaceae) family, such as fennel or coriander, or plants within the daisy (Asteraceae) family such as chamomile, echinacea or blessed thistle. If **pregnant or breastfeeding**, please consult your lactation consultant, midwife or healthcare practitioner prior to use.

**This is the pharmacopoeial quality standard we use because quality matters.