

## Natural soy lecithin

Lecithin is a natural compound that helps your body to absorb fat-soluble nutrients, which are critical to a wide range of body functions.\* The natural soy lecithin in each softgel contains linoleic acid, an essential fatty acid that our bodies cannot make; choline, a neurotransmitter component; and inositol, which plays a role in metabolic regulation.\*

• **GLUTEN FREE**



Seal under cap for  
your protection.  
See bottom for exp. date.

NQ101A

 **Shaklee®**  
**+L Boost**

## Lecithin

Helps support  
neurotransmitters and  
metabolic regulation\*

**Helps absorption of beta-carotene  
and vitamins A, D, E, and K\***

DIETARY SUPPLEMENT

180 SOFTGELS



**DIRECTIONS:** Take 6 softgels daily.

### Supplement Facts

Serving Size: 6 Softgels  
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	35	
Total Fat	3 g	4% **
Total Carbohydrate	<1 g	<1% **
Protein	1 g	
Phosphorus	60 mg	5%
Lecithin	3.1 g	†

\*\*Percent Daily Values (DV) are based on a 2,000 calorie diet.  
†Daily Value not established.

**OTHER INGREDIENTS:** SOYBEAN OIL IN A SOFT GELATIN CAPSULE (GELATIN, SORBITOL, GLYCERIN, WATER). **CONTAINS SOY.**

Distributed by Shaklee Corporation  
4747 Willow Road, Pleasanton, CA 94588  
Product questions: 925.734.3638

**No artificial flavors, sweeteners,  
colors, or preservatives added.**

Item #20182

Manufactured in a facility that may also process tree nuts, milk, egg, soy, wheat, shellfish, and fish.  
\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.