

Natural soy lecithin

Lecithin is a natural compound that helps your body to absorb fat-soluble nutrients, which are critical to a wide range of body functions.* The natural soy lecithin in each softgel contains linoleic acid, an essential fatty acid that our bodies cannot make; choline, a neurotransmitter component; and inositol, which plays a role in metabolic regulation.*

•GLUTEN FREE



Seal under cap for your protection.
See bottom for exp. date.

NQ101A



+L Boost

Lecithin

Helps support neurotransmitters and metabolic regulation*

Helps absorption of beta-carotene and vitamins A, D, E, and K*

DIETARY SUPPLEMENT

180 SOFTGELS



DIRECTIONS: Take 6 softgels daily.

Supplement Facts

Serving Size: 6 Softgels
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	35	
Total Fat	3 g	4%**
Total Carbohydrate	<1 g	<1%**
Protein	1 g	
Phosphorus	60 mg	5%
Lecithin	3.1 g	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

†Daily Value not established.

OTHER INGREDIENTS: SOYBEAN OIL IN A SOFT GELATIN CAPSULE (GELATIN, SORBITOL, GLYCERIN, WATER). **CONTAINS SOY.**

Distributed by Shaklee Corporation
4747 Willow Road, Pleasanton, CA 94588
Product questions: 925.734.3638

No artificial flavors, sweeteners, colors, or preservatives added.

Item #20182

Manufactured in a facility that may also process tree nuts, milk, egg, soy, wheat, shellfish, and fish.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.