

A BURST OF ENERGY
THAT COMES ON STRONG
AND STAYS ON LONG

Get the most out of what you put in.
Delivers 100 mg natural caffeine from
green tea extract, 800 mg beta-alanine,
and 100 mg L-theanine for long-lasting
energy that helps you work out harder
and longer.*



NO Artificial Flavors, Sweeteners, or Preservatives

Directions: Mix 1 stick with 8 oz.
of water.

Supplement Facts

Serving Size: 1 Stick (3 g)
Servings Per Container: 30

	Amount Per Serving	% DV
Calories	10	
Total Carbohydrate	2 g	1%**
Total Sugars	1 g	†
Includes Added Sugars	1 g	2%**
Beta-Alanine	800 mg	†
L-Theanine	100 mg	†
Caffeine (from Green Tea)	100 mg	†

**Percent Daily Values (DV) are based on a 2,000 calorie diet.
†Daily Value not established.

Other Ingredients: Cane Sugar, Citric Acid, Natural Flavor,
Rebaudioside M, Turmeric Powder For Color.

Distributed by: Shaklee Corporation • Pleasanton, CA 94566
productsupport@shaklee.com • 1.800.SHAKLEE

Caution: Not intended for use by children or by pregnant or
lactating women, and not recommended for use by those
who are sensitive to caffeine.



Item # 21510 XD889B

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Shaklee®
PERFORMANCE™

pre-workout drink

CRUSH YOUR WORKOUT

Formulated to help increase energy, improve physical
performance, sharpen focus, and delay muscle fatigue.*

Energize

natural lemon

NET WT. 3.2 OZ. (91.3 g) / 0.11 OZ. (3 g) EA. x 30 Sticks



GREEN TEA EXTRACT
provides natural caffeine for
lasting energy without the crash.*



BETA-ALANINE
increases performance,
delays fatigue, and reduces
perceived exertion.*



L-THEANINE
and natural caffeine
sharpen mental focus to
help you push through.*