

## A Calming Blend of Herbs & Nutrients\*

Promotes a calm, relaxed state using a blend of L-theanine, ashwagandha, beta-sitosterol, and L-tyrosine to help reduce feelings of stress without causing drowsiness.\*



**NO Artificial Flavors, Sweeteners, Colors, or Preservatives**

# Shaklee®

## Stress Relief Complex\*

Nondrowsy formula helps relieve tension & stress\*

**30**  
CAPLETS



DIETARY SUPPLEMENT

**DIRECTIONS:** Take 1 caplet daily.

### Supplement Facts

Serving Size: 1 Caplet

|  | Amount Per Serving | % DV |
|--|--------------------|------|
| L-Theanine                                     | 100 mg             | †    |
| Ashwagandha Root Extract                       | 100 mg             | †    |
| Beta-Sitosterol<br>(from soybean phytosterols) | 60 mg              | †    |
| L-Tyrosine                                     | 100 mg             | †    |

†Daily Value (DV) not established.

Other Ingredients: Dicalcium Phosphate, Magnesium Stearate, Croscarmellose Sodium.

Distributed by Shaklee Corporation  
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Product questions: 925.734.3638

**CAUTION:** Not recommended for use by children. If pregnant or nursing, consult your physician prior to use.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

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Item #20656