

DIRECTIONS: FOR ADULTS AND CHILDREN 2 YEARS OF AGE AND OVER, CHEW TWO (2) GUMMIES DAILY. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 36

	Amount Per Serving	%Daily Value for Children 2-4 Years of Age	%Daily Value for Adults and Children 4+ years Years of Age
Calories	15		
Total Carbohydrate	4 g	***	1%***
Sugars	3 g	***	***
Vitamin A (as Retinyl Palmitate)	1,500 IU	90%	30%
Vitamin C (as Ascorbic Acid)	15 mg	30%	25%
Vitamin D (as Cholecalciferol)	200 IU	90%	50%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15 IU	100%	50%
Vitamin B-6 (as Pyridoxine Hydrochloride)	0.5 mg	71%	25%
Folic Acid	200 mcg	100%	50%
Vitamin B-12 (as Cyanocobalamin)	3 mcg	100%	50%
Biotin	45 mcg	30%	15%
Pantothenic Acid (as d-Calcium Pantothenate)	2.5 mg	90%	25%
Iodine (as Potassium Iodide)	30 mcg	60%	25%
Magnesium (as Magnesium Citrate)	2 mg	1%	1%
Zinc (as Zinc Citrate)	2 mg	25%	13%
Sodium	10 mg	***	<1%
Total	15 mg	***	***

***Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Sugar, Corn Syrup, Pectin, Citric Acid, Fumaric Acid, Natural Flavors, Purple Berry Color Concentrate (Maqui Berry Juice Concentrate, Sugar), Black Carrot Concentrate (Color), Annatto (Color).

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. THIS PRODUCT IS INTENDED FOR USE BY CHILDREN UNDER ADULT SUPERVISION.

KEEP OUT OF REACH OF CHILDREN.

STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT.

TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Carefully Manufactured for
NutritionSmart, LLC, Bohemia, NY 11716 USA

Call toll free 1-888-VITAHELP (848-2435) with
questions or comments, Mon.-Fri., 9am-5pm EST.

Great Taste and fun Pirate shapes for
them... and Nutritional Assurance for you.

3 Marked Flavors!

TO KEEP YOU READY FOR A PIRATE'S
ADVENTURE ALL DAY LONG



Grape, Orange and Cherry
Natural Flavors and Colors

*These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

©Disney

GREAT TASTE - NO ARTIFICIAL FLAVORS OR COLORS



Sour Gummies

MultiVitamin
Children's Multiple Vitamin
& Mineral Supplement



60 GUMMIES

Provides essential Vitamins and
Minerals for your child's healthy
growth and development.*

Great tasting, fun to eat.

Contains Vitamin A for eye health, B
Vitamins for energy metabolism and
Vitamin C for immune function.*

Healthy eating and a better diet can
contribute to optimal health.

Almost **80%** of children do not eat
the recommended number of
nutrient-rich fruits and vegetables.*
Pirates Sour Gummies provide a good
source of **11** Vitamins and Minerals.

Made in the U.S.A.

USDA Food and Nutrition Service. www.usda.gov. Accessed
2007.

17095 00C B17095 FZG



22-17095