

## RECOMMENDED USE:

Take 1/2 a cup of prepared System Cleanse Tea 2-3 times a day for 6 weeks. Take a 2 week break, and repeat. Perform this cycle a total of 3 times. Decrease dosage, or discontinue use if stools become too loose.

Cleansing the body is vital to keeping it healthy and alive. The remarkable herbs in this formula assist in the healthy cleansing of all the systems in the body.\*

Distributed by:

**HERBALLY GROUNDED**

Las Vegas, NV 89102

1.866.676.1410

[WWW.HERBALLYGROUNDED.COM](http://WWW.HERBALLYGROUNDED.COM)

# Herbally Grounded

## SYSTEM CLEANSE TEA

HERBAL SUPPLEMENT

6.5 OUNCES

## SUPPLEMENT FACTS

Serving Size: 1 Cup Measured

Servings Per Container: Approx. 64

|  | Amount Per Serving | % Daily Value |
|--|--------------------|---------------|
| <b>PROPRIETARY BLEND:</b>  | 7,200 mg           | **            |
| Buckthorn Bark, Burdock Root, Chaparral Leaf, Licorice Root, Red Clover Blossom, Dandelion Root, Barberry Root, Cascara Sagrada Bark |                    |               |

\*\*Daily Values Not Established.

*• Herb size and texture may vary per batch.*

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



## CAUTION:

Using System Cleanse Tea may make you weak if your body is already fragile, and/or you have had chemotherapy treatments. System Cleanse Tea has powerful herbs that draw chemicals and poisons from your tissues in order to eliminate them. Sometimes, it is too much for a frail body to take all at once. Use it wisely. Ease off, then try again.

## PREPARATION:

Add 1 cup of formula to 2 quarts of distilled water, and bring to a light simmer. Turn stove down and continue to simmer for 20 minutes. Strain wet herb, and return it to the same pan. Add 2 more quarts of distilled water. Repeat the process again. Discard used herb after you're finished. Refrigerate tea. Use only stainless steel or glass pot. **DO NOT USE ALUMINIUM.**

The body must be able to eliminate unhealthy cells, and dead matter from the body. You should have a bowel movement at least 2-3 times a day. If you are not, increase the amount of times your take System Cleanse Tea. You also do not want to induce diarrhea. If so, decrease the amount of each dose, and/or how often you take it.