

RECOMMENDED USE:

Take 3 dropperfuls one to six times per day as needed. One dropperful is one full squeeze of the dropper bulb.

Finally! A natural alternative for discomfort and aches. Ouch is a combination of herbs that assists the body in healthy circulation and a normal inflammatory response.*

Go live your life... Ouch has your back!*

Distributed by:

HERBALLY GROUNDED

Las Vegas, NV 89102
1.866.676.1410

WWW.HERBALLYGROUNDED.COM

Herbally
Grounded

OUCH

HERBAL SUPPLEMENT
4 fl oz (118ml)

SUPPLEMENT FACTS

Serving Size: **3 Dropperfuls (2.4ml)**
Servings Per Container: **Approximately 49**

	Amount Per Serving	% DV
Calories	5	
Carbohydrates	2g	<1% †

PROPRIETARY BLEND: 2.4ml **
Wild Crafted Blue Vervain Herb, Wild Crafted White Willow Bark, Organic St. John's Wort Flowering Herb, Kava Root, Organic Cayenne Pepper (90K HU)

† Percent Daily values are based on a 2,000 calorie diet.
** Daily Value (DV) Not Established.

Other Ingredients: Organic Vegetable Glycerin, Deionized Water, and Organic Apple Cider Vinegar.

*The statements on this label have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

