# PERFORMANCE PROTEIN\*

## RECHARGE AND REPAIR SO YOU CAN DO IT ALL AGAIN, SOONER\*

- Complete, synergistic alkaline-forming protein blend featuring 5,500 mg of BCAAs\*
- Improves strength and exercise performance\*
- Repairs and builds muscles\*
- Reduces recovery time between training\*

Vega Sport is the first all-natural, plant-based performance enhancement system specifically developed to help athletes perform at their best — before, during and after training and competition. Formulated by Brendan Brazier, professional Ironman triathlete and best-selling author on performance nutrition, Vega Sport products are 100% plant-based, dairy, gluten and soy free and contain no artificial flavors, colors or sweeteners.

#### DIRECTIONS:

Mix one scoop (1.3 oz) of Vega Sport Performance Protein\* in 1-1 ½ cups (8-12 fl. oz) of cold water and drink immediately after strength training or strenuous activity. May also be taken anytime to enhance recovery and help build strong muscles\*. For optimal results, use in conjunction with Vega Sport Recovery Accelerator\*.

### CAUTION:

Discontinue use if signs of allergy appear and consult a health care practitioner.

Consult a health care practitioner prior to use if you are taking prescription medication or if you have a serious medical condition and if you are pregnant or breastfeeding.

Do not use if seal is broken.



Formulated by Brendan Brazier, vegan, professional Ironman triathlete, and bestselling health









Performance Protein\*



Improve strength, build and repair muscle, reduce recovery time between training\*

DAIRY, GLUTEN AND SOY FREE DIETARY SUPPLEMENT CHOCOLATE 28.9 oz/822 g POWDER

# Supplement Facts

Serving Size: 1 scoop (1.3 o Servings Per Container 22

	Amount Per Serving	% Daily Value
Calories	120	
Calories from fat	10	
Total Fat	1 g	2%*
Saturated Fat	0.5 g	3%*
Total Carbohydrate	6 g	2%*
Dietary Fiber	2 g	8%*
Sugars	<1 g	†
Protein	26 g	
Sodium	520 mg	20%*
ProVega complete broad spectrum plant-based protein blen	d 23,122 mg	t
Yellow pea protein		
SaviSeed™ sacha inchi protein		
Sprouted whole grain brown rice protein		
Hemp protein		
Alfalfa protein		
Branched chain amino acid complex	5,543 mg	†
L-Leucine		
L-Isoleucine		
L-Valine		
L-Glutamine	5,000 mg	†
Digestive enzyme blend	340 mg	†
Protease (plant and bacterial)		
Amino peptida se,		
HemiSEB hemicellulase		
*Percent Daily Values are based on a 2,000 calorie diet †Daily Value (DV) not established		

Other Ingredients: Cocoa powder, natural chocolate flavor, stevia extract, sodium chloride.

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vegasport.com

AMINO ACID PROFILE g per scoop Alanine 1.1 g, Arginine 2.18 g, Aspartic Acid & Asparagine 2.96 g, Cystine 0.3 g, Glutamine 5.0 g, Glycine 1.12 g, Histdine 0.85 g, Isoleucine\*\*1.14 g, Leucine\*\*1.31 g, Lysine\*
1.79 g, Methionine\* 0.3 g, Propine 1.36 g, Proline 1.18 g, Serine 1.39 g, Threonine\* 1.03 g, Tryptophan\*
0.3 g, Tyrosine 1.02 g, Valine\*\*1.25 g

\*Essential amino acids \*BCAAs, total 5.5 g (5.543 mg)

<sup>\*</sup>These statements have not been evaluated by the Food and Drug Administration.
The product is not intended to diagnose, treat, cure or prevent any disease.