

RECOMMENDED USE:

Take 4 capsules in the evening. For breast health and development, take 4 capsules twice a day.

We have hormones from head to toe. When a woman's hormones aren't in harmony, it can result in mood swings, uncomfortable menstruations, under- or over-developed breasts, hair loss, irritability, lack of energy and mental clarity, weight loss/gain, and premature aging, just to name a few. The amazing herbs in this formula have long been used in supporting hormone balance, including breast health and development.

Distributed by:

HERBALLY GROUNDED

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Herbally Grounded



MY SECRET

HERBAL SUPPLEMENT
240 CAPSULES

SUPPLEMENT FACTS

Serving Size: **4 Capsules**
Servings Per Container: **60**

	Amount Per Serving	% Daily Value
PROPRIETARY BLEND:	1,820 mg	**
Organic Saw Palmetto Berry, Organic Blessed Thistle Herb, Organic Chaste Tree Berry, Damiana Leaf, Organic Dong Quai Root, Organic Marshmallow Root, Wild Crafted Wild Yam Root, Fenugreek Seed, Goat's Rue, Organic Ginger Root, Fennel Seed, Hops Flower		

**Daily Values Not Established.

Other Ingredients: Capsules (Vegetable Cellulose)

* The statements on this label have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.



**OUR
HERBS
ARE
ALWAYS:**

**Optimally
Organic**
or Ethically
Wild-Crafted
When
Available

100% Raw

NO Fillers or
Toxic Flowing
Agents

NEVER
Irradiated or
Fumigated