

## RECOMMENDED USE:

Take 3 dropperfuls one to six times per day as needed. One dropperful is one full squeeze of the dropper bulb.

Hormones support our body from head to toes. When a woman's hormones are not in harmony, many symptoms can manifest, interfering with everyday life and tasks. Some of the symptoms of imbalanced hormones can include mood swings, uncomfortable menstruations, under- or over-developed breasts, hair loss, irritability, lack of energy and mental clarity, weight loss/gain, and premature aging, just to name a few. The amazing herbs in this formula have historically been used in assisting the body in promoting balanced hormones.\*

Distributed by:

**HERBALLY GROUNDED**

Las Vegas, NV 89102  
1.866.676.1410

[WWW.HERBALLYGROUNDED.COM](http://WWW.HERBALLYGROUNDED.COM)

# Herbally Grounded

## MY SECRET

HERBAL SUPPLEMENT

4 fl oz (118ml)

## SUPPLEMENT FACTS

Serving Size: **3 Dropperfuls (2.4ml)**

Servings Per Container: **Approximately 49**

|               | Amount Per Serving | % DV  |
|---------------|--------------------|-------|
| Calories      | 5                  |       |
| Carbohydrates | 2g                 | <1% † |

**PROPRIETARY BLEND:** 2.4ml \*\*  
Saw Palmetto Berry, Organic Chaste Tree Berry, Organic Fenugreek Seed, Organic Dong Quai Root, Organic Damiana Leaf, Organic Marshmallow Root, Organic Goat's Rue Herb, Wild Crafted Wild Yam Root, Organic Ginger Root, Organic Blessed Thistle Herb, Organic Fennel Seed, Organic Hops Strobiles

† Percent Daily values are based on a 2,000 calorie diet.

\*\* Daily Value (DV) Not Established.

**Other Ingredients:** Organic Vegetable Glycerin, Deionized Water, and Organic Apple Cider Vinegar.

\*The statements on this label have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

