

## RECOMMENDED USE:

Take 2 capsules 2-3 times a day as needed.

These days, it's vital to feed our bodies plants containing nutrients that work to support healthy lung function. Toxins like smog, chemicals, additives, and emotional stress can affect our lungs negatively. Don't give up - supporting your lungs is essential to feeling well. These herbs have been studied for their role in supporting the mucous membranes, and supporting a healthy response to inflammation and proper upper respiratory health.

Distributed by:

**HERBALLY GROUNDED**

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# Herbally Grounded



# BREATHE

HERBAL SUPPLEMENT

120 CAPSULES

## SUPPLEMENT FACTS

Serving Size: **2 Capsules**  
Servings Per Container: **60**

	Amount Per Serving	% Daily Value
<b>PROPRIETARY BLEND:</b>	960 mg	**
Yarrow Flower, Organic Mullein Leaf, Violet Leaf and Flower, Fenugreek Seed, Wild Cherry Bark, Organic Turmeric Root, Organic Ginger Root, Wildcrafted Colt's Foot Herb, Organic Marshmallow (Althea) Root, Brigham Tea		

\*\*Daily Values Not Established.

**Other Ingredients:** Capsules (Vegetable Cellulose)

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



OUR  
HERBS  
ARE  
ALWAYS:

Optimally  
Organic  
or Ethically  
Wildcrafted  
When  
Available

100% Raw

NO Fillers or  
Toxic Flowing  
Agents

NEVER  
Irradiated or  
Fumigated