

Nutrition Facts

Serving Size: (46 g)
Serv. Per Container: 5 Bars

Amount Per Serving	
Calories 180	Calories from Fat 70
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 220mg	9%
Potassium 55mg	2%
Total Carbohydrate 25g	8%
Dietary Fiber 5g	20%
Sugars 10g	

Protein 7g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 6%
Vitamin E 20%	

*Percent Daily Values are based on a 2,000 calorie diet.



Made in Canada

Distributed by
Skinnygirl Nutritional Concepts, LLC
221 South Cherokee St.
Denver CO 80223

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for additional
tips on living
a skinnygirl lifestyle!

INGREDIENTS: Organic Brown Rice Syrup, Peanuts, Gluten Free Rolled Oats, Dark Chocolate Coating (sugar, fractionated palm kernel oil, cocoa processed with alkali, lactose, palm oil, soy lecithin, and vanilla), Soy Nuggets (Isolated Soy Protein, Rice Starch), Organic Evaporated Cane Juice Powder, Inulin, Almonds, Gum Arabic, Gluten Free Mini Pretzels (corn starch, potato starch, tapioca starch, palm oil, cellulose gum, water, dextrose, salt, baking powder (sodium acid pyrophosphate, sodium bicarbonate, corn starch, mono-calcium phosphate, soy lecithin, yeast, citric acid, soda), Glycerin, High Oleic Sunflower Oil, Sea Salt, Mixed Tocopherols.

ALLERGENS: Peanut, Soy, Tree Nut. Processed in a facility that also processes Egg, Milk, and Wheat products.

Skinnygirl™

DAILY



Gluten Free



The guilt-free indulgence bar

Skinnygirl On-the-Go Bars

180 Calories Per Bar

Natural • Kosher • High Fiber

DARK CHOCOLATE MULTI-GRAIN PRETZEL

NET WT 8.1 OZ

5 Bars

WHAT IT DOES

Indulge in a natural 180 calorie snack. Enjoy a quick on-the-go treat or afternoon snack that is guilt-free. Skinnygirl: indulge in the snack that is good for you.*

Skinnygirl

MANTRA

Be a vibrant, healthy, beautiful skinnygirl, and feel good about yourself regardless of where you are in your journey to wellness.

*These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent disease.

SKINNYGIRL, Bethenny Frankel Author, natural foods chef and TV personality has an ability for making healthy foods taste delicious. Cooking started as a hobby, and soon became a passion. Frankel attended the Natural Gourmet Institute for Health and Culinary Arts, focusing on making healthy foods accessible, which has elevated her to a celebrated natural foods chef, the creator of the Skinnygirl Margarita, and a New York Times best selling author.