

LOOK BETTER, FEEL BETTER, PERFORM BETTER[†]
CLINICAL STRENGTH LEAN MUSCLE BUILDER[†]

Mediator[®] Phosphatidic Acid (PA) has been shown to increase lean muscle strength, and improve fat loss in individuals engaged in weight bearing exercise with adequate protein intake.[†]

Phosphatidic Acid *XT* Highlights/Supports:

- Lean Muscle Growth[†]
- Increases in Strength[†]
- Fat Loss[†]
- Improved Endurance[†]
- Enhanced Workout Recovery[†]
- Improved Workout Performance[†]
- Increased Protein Synthesis[†]
- mTOR Activation/Stimulates mTOR[†]
- Natural Anabolic Muscle Builder[†]
- Anabolic & Anti-Catabolic Properties[†]
- Can Be Used By Men & Women[†]
- Clinically Researched Key Ingredients[†]

SNS Phosphatidic Acid *XT* can be stacked with Anabolic *XT*, Recomp *30*, Lean Edge, Daily Gains, Optimize-T, VasoForce *XT*, X-Gels, or a variety of other SNS products for improved synergistic results.[†]

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

To report a serious adverse event, or obtain product information, contact SNS at: info@seriousnutritionalsolutions.com

www.SeriousNutritionSolutions.com



PHOSPHATIDIC ACID *XT*
NATURAL ANABOLIC MUSCLE BUILDER[†]

- *Lean Muscle & Strength[†]*
- *Supports Fat Loss[†]*
- *Improved Recovery[†]*
- *mTOR Activator[†]*
- *Increases Protein Synthesis[†]*



DIETARY SUPPLEMENT | 120 VEG CAPSULES

Supplement Facts:

Serving Size: 4 Veg Capsules

Servings Per Container: 30

Ingredient	Amount Per Serving	% DV [*]
Mediator [®] 50P Phosphatidic Acid (99.1% Phosphatidic Acid)	1500 mg	--
ApiPure [™] Apigenin (plan glandular L. whole plant)	50 mg	--
Senactiv [®] (ActiGin [®]) Forsk. Nigroside and Rosa Rubra (fruit)	50 mg	--
AdraGin [®] (Astragalus Membranaceus Extract (root), Forsk. Nigroside (root))	50 mg	--
BioPerine [®] Black Pepper Fruit Extract (Piper Nigrum) (Fruit)	5 mg	--

Other Ingredients: Capsule Shell (Vegetable Cellulose, Titanium Dioxide), Rice Flour, Magnesium Stearate (Vegetable Source).

^{*} Daily Value based on a 2,000 calorie diet

^{**} Percent Daily Value for Excluded

Suggested Use: As a dietary supplement take four (4) capsules daily.

You can take 4 capsules in the morning with a protein rich meal or shake or take 4 capsules one hour prior to working out or take 2 capsules in the morning and 2 capsules prior to working out.

Phosphatidic Acid *XT* should be used daily for a minimum of 8 weeks for best results.

Allergen Information: Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that may process other ingredients containing these allergens.

Warning: This product is intended for healthy adults over 18 years of age. Do not use if pregnant or nursing. Consult with a physician before using this or any dietary supplement. Do not use if you have any pre-existing medical condition or are taking any medications without consulting a physician. Keep stored in a cool, dry place away from children and animals.

Manufactured For Distribution by: Serious Nutrition Solutions, LLC (Sanville, VA 21650)