

ADVOCARE

V16[®]

CAFFEINE-FREE
SOURCE OF ENERGY*
HELPS THE BODY ADAPT
TO OCCASIONAL STRESS*

VITAMIN & HERBAL SUPPLEMENT

ORANGE
NATURAL FLAVORS

28 STICK PACKS - 0.3 OZ (9g) NET WT 9 OZ (252g)

Caffeine-free and refreshing, V16[®] offers a unique combination of adaptogens, nutrients and B vitamins to help provide energy.*

Supplement Facts

Serving Size: 1 stick pack (0.3oz/9g) [makes 8 fl oz prepared]
Servings Per Container: 28

	Amt Per Serving	%DV
Calories	20	
Total Carbohydrate	6g	2%†
Total Sugars	4g	
Includes 4g Added Sugars		8%†
Vitamin A (as beta-carotene)	300mcg	33%
Vitamin C (as ascorbic acid)	60mg	67%
Vitamin D (as cholecalciferol)	5mcg	25%
Vitamin E (as d-alpha tocopheryl acetate)	6.7mg	45%
Vitamin K (as phytonadione)	60mcg	50%
Thiamine (as thiamine HCl)	1.5mg	125%
Riboflavin	1.7mg	131%
Niacin (as niacinamide)	20mg	125%
Vitamin B6 (as pyridoxine HCl)	2mg	118%
Folic acid	333mcg DFE (200mcg folic acid)	83%
Vitamin B12 (as cyanocobalamin)	6mcg	250%
Biotin (as d-biotin)	60mcg	200%
Pantothenic acid (as d-calcium pantothenate)	10mg	200%
Calcium (as calcium carbonate)	140mg	11%
Sodium (as sodium bicarbonate)	135mg	6%
Potassium (as potassium bicarbonate)	200mg	4%
Golden root extract (root-Rhodiola rosea)	30mg	**
Leuzea extract (root-Rhaponticum carthamoides)	20mg	**
Schisandra extract (fruit-Schisandra chinensis)	10mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

OTHER INGREDIENTS: Fructose, Maltodextrin, Citric Acid, Natural Flavors, Malic Acid, Silicon Dioxide, Sucralose.

Formulated/manufactured exclusively for AdvoCare[®] International, LLC
Richardson, TX 75082 • 800-542-4800
For more information visit advocare.com

Directions For Use: Mix the contents of one pouch into 8 fluid ounces of water, slightly shake or stir and allow to fizz.

Store away from excessive heat, light and humidity.

CONTAINS BIOENGINEERED INGREDIENTS.

CAUTION: THIS PRODUCT IS NOT INTENDED FOR PREGNANT OR NURSING WOMEN.

KEEP OUT OF REACH OF CHILDREN.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



SPORT



RECYCLABLE MATERIAL



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