

Prod. No. 7584



3000 mcg of Biotin!
per serving

Hair, Skin & Nails

28

**Key Ingredients,
Including
Antioxidants**

120 TABLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 40

| Amount Per Serving | | %Daily Value |
|-----------------------------------------------------------|------------------|--------------|
| Total Carbohydrate | <1 g | <1%* |
| Vitamin A (as Retinyl Palmitate) | 5,000 IU | 100% |
| Vitamin C (as Ascorbic Acid) | 120 mg | 200% |
| Vitamin D (as Cholecalciferol) | 100 IU | 25% |
| Vitamin E (as d-Alpha Tocopheryl Acetate) | 15 IU | 50% |
| Thiamin (Vitamin B-1) (as Thiamin Hydrochloride) | 5 mg | 333% |
| Riboflavin (Vitamin B-2) | 5 mg | 294% |
| Niacin (as Niacinamide) | 25 mg | 125% |
| Vitamin B-6 (as Pyridoxine Hydrochloride) | 5 mg | 250% |
| Folic Acid | 200 mcg | 50% |
| Vitamin B-12 (as Cyanocobalamin) | 8 mcg | 133% |
| Biotin (as d-Biotin) | 3,000 mcg (3 mg) | 1,000% |
| Pantothenic Acid (as d-Calcium Pantothenate) | 15 mg | 150% |
| Calcium (as Calcium Carbonate and Dicalcium Phosphate) | 707 mg | 71% |
| Iron (as Ferrous Gluconate) | 3 mg | 17% |
| Phosphorus (as Dicalcium Phosphate) | 150 mg | 15% |
| Iodine (as Potassium Iodide) | 112.5 mcg | 75% |
| Magnesium (as Magnesium Oxide) | 100 mg | 25% |
| Zinc (as Zinc Gluconate) | 7.5 mg | 50% |
| Selenium (as L-Selenomethionine) | 12.5 mcg | 18% |
| Manganese (as Manganese Gluconate) | 5 mg | 250% |
| Sodium | 10 mg | <1% |
| PABA (Para-Aminobenzoic Acid) | 25 mg | ** |
| Choline Bitartrate | 75 mg | ** |
| Inositol | 30 mg | ** |
| Ribonucleic Acid (RNA) | 30 mg | ** |
| Citrus Bioflavonoids (<i>Citrus spp.</i>) (fruit) | 25 mg | ** |
| Rutin | 12.5 mg | ** |
| Horsetail Extract (<i>Equisetum arvense</i>) (aerial) | 3 mg | ** |
| Betaine Hydrochloride | 25 mg | ** |

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Silica, Vegetable Magnesium Stearate, Cellulose Coating, Gelatin, Mannitol.

Rexall's Hair, Skin & Nails tablets provide a combination of nutrients, including Vitamin C and Biotin, that support the structural foundation of your hair, skin and nails.***

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Directions: For adults, take three (3) tablets daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**Questions? Ask the Nutritionist: call toll free
1-877-2REXALL (877-273-9255)**

**100% Quality Guaranteed
Throughout Shelf Life**

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