

Prod. No. 7584

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120 TABLETS

*Hair,
Skin &
Nails*



**3000 mcg of Biotin!
per serving**



**Key Ingredients,
Including
Antioxidants**

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 40

Amount Per Serving

%Daily Value

Total Carbohydrate	<1 g	<1%
Vitamin A (as Retinyl Palmitate)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	120 mg	200%
Vitamin D (as Cholecalciferol)	100 IU	25%
Vitamin E (as d-Alpha Tocopherol Acetate)	15 IU	50%
Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)	5 mg	333%
Riboflavin (Vitamin B-2)	5 mg	294%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	5 mg	250%
Folic Acid	200 mcg	50%
Vitamin B-12 (as Cyanocobalamin)	8 mcg	133%
Biotin (as d-Biotin)	3,000 mcg (3 mg)	1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	15 mg	150%
Calcium (as Calcium Carbonate and Dicalcium Phosphate)	707 mg	71%
Iron (as Ferrous Gluconate)	3 mg	17%
Phosphorus (as Dicalcium Phosphate)	150 mg	15%
Iodine (as Potassium Iodide)	112.5 mcg	75%
Magnesium (as Magnesium Oxide)	100 mg	25%
Zinc (as Zinc Gluconate)	7.5 mg	50%
Selenium (as L-Selenomethionine)	12.5 mcg	18%
Manganese (as Manganese Gluconate)	5 mg	250%
Sodium	10 mg	<1%
PABA (Para-Aminobenzoic Acid)	25 mg	**
Choline Bitartrate	75 mg	**
Inositol	30 mg	**
Ribonucleic Acid (RNA)	30 mg	**
Citrus Bioflavonoids (<i>Citrus spp.</i>) (fruit)	25 mg	**
Rutin	12.5 mg	**
Horsetail Extract (<i>Equisetum arvense</i>) (aerial)	3 mg	**
Betaine Hydrochloride	25 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Silica, Vegetable Magnesium Stearate, Cellulose Coating, Gelatin, Mannitol.

Rexall's Hair, Skin & Nails tablets provide a combination of nutrients, including Vitamin C and Biotin, that support the structural foundation of your hair, skin and nails.***

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Directions: For adults, take three (3) tablets daily, preferably with meals. As a reminder, discuss the supplements and medications you take with your health care providers.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Questions? Ask the Nutritionist: call toll free
1-877-2REXALL (877-273-9255)

100% Quality Guaranteed
Throughout Shelf Life

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