

Lecithin can be found in many foods, including soybeans. It is an essential fat that every cell in the body depends on for structure and functioning.* Lecithin is a key component in cell membranes which helps to regulate healthy cellular functions.* In addition Lecithin contains choline that is needed to produce the neurotransmitter acetylcholine, which helps improve memory and supports nerve function outside your brain.* Lecithin also helps to support healthy cardiovascular functions and digestion.*

CAUTION

Consult a healthcare provider to use if pregnant, nursing, on medications, have a medical condition or are planning a medical procedure. Stop use and contact a physician if adverse reactions occur.

STORAGE

Store at room temperature 59° - 86°F (15° - 30°C).

Keep bottle tightly closed.

DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING

*This statement has not been evaluated by the Food and Drug Administration (FDA). This product is not intended to diagnose, treat, cure or prevent any disease.



LECITHIN 1200 MG

Supports Healthy Brain Functions*
Supports Cardiovascular Health*
Promotes Cellular Functions*



240 Softgels

Directions: Take one (1) softgel daily preferably with a meal or as directed by a healthcare professional.

Supplement Facts

Serving Size: 1 Softgel	Serving per Container: 240	
	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 gram	<2% †
Lecithin (from soy)	1.2 gram	#

† Percent Daily Values(%DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Gelatin, Glycerine, Water and Soybean Oil

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Yeast, Artificial Colors, Flavors or Preservatives.

STORE IN A COOL, DRY PLACE.

KEEP OUT OF REACH OF CHILDREN.

Distributed by:
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Questions or comments? Call
1-844-384-3723
9AM - 5PM Monday - Friday

Lot.

Exp.