

Folic Acid is an essential B Vitamin that supports the heart. In addition, women who consume folic acid diets with adequate Folic Acid may reduce their risk of having a child with birth defects of the brain or spinal cord.*

Beef, Pork, Fish, Chicken, Shellfish, Tuna, Eggs, Nuts, Fruit, Vegetables.

WARNING: Consult your doctor if you are pregnant, using, taking any medications or have a medical condition. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



Made in U.S.A.



Safrel®



FOLIC ACID

Prenatal Support*

1,000 MCG

- Essential B-Vitamin*
- Supports Nervous System Function*

DIETARY SUPPLEMENT

240 TABLETS

SUGGESTED USE: Take one (1) tablet daily, preferably with food.

Supplement Facts

Serving Size: 1 Tablet
Servings Per Container: 240

Amount Per Serving	% Daily Value
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Folate 1,000 mcg DFE (1,000 mcg Folic Acid)	417%
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OTHER INGREDIENTS: Soybean Phosphate, Microcrystalline Cellulose, Citric Acid, Croscarmellose Sodium, Magnesium Stearate, Vegetable Gum, Silicon Dioxide.

*These statements have not been verified by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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