suggested use: 1 capsule taken 1 to 3 times daily preferably with meals or as directed by a healthcare professional.

Discontinue use if side effects appear.

CAUTION Do not exceed the recommended dose. Avoid taking this product in conjunction with other dietary supplements which contain high levels of elemental chromium. This product is not intended for pregnant or nursing mothers or children under the age of 18. If you are diabetic, or have a known medical condition, consult your physician prior to taking this or any dietary supplement. Discontinue use at least 2 weeks prior to undergoing any blood work. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, tree nuts, fish and crustacean shellfish.

KEEP OUT OF THE REACH OF CHILDREN. Do not use if safety seal is damaged or missing. Store in a cool, dry place.



SATISFACTION GUARANTEE

We offer a full refund on the purchase price of your order within 90 days of purchase. Restrictions apply. For details please visithealthsharmony.com/refunds

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Visit us online at:

healthsharmony.com

Best By Date & Batch Number printed on bottom of bottle.

HEALTHS HARMONY

BLOOD SUGAR

ADVANCED HERBAL FORMULA

Herbs · Vitamins · Minerals · Amino Acids

May help maintain blood sugar levels already within the normal range

CAPSULES

SUPPLEMENT FACTS

Serving Size 1 Capsule Servings Per Container: 120

Amount Per Serving		%DV
Gramin C (as ascorbic acid)	50 mg	56%
Vitamin E (as d-Alpha tocopheryl succinate)	10 mg	67%
Biotin	300 mcg	1000%
Magnesium (as oxide)	125 mg	30%
Zinc (as oxide)	7.5 mg	68%
Manganese (as amino acid chelate)	1 mg	43%
Chromium (as amino acid chelate)	67 mcg	191%
Bitter Melon 4:1 Extract (fruit)	50 mg	
Cinnamon Bark Powder (Cinnamomum cassia)	50 mg	
Cuggul Extract (resin)	50 mg	
Cymnema sylvestre Leaf Powder	50 mg	
Licorice Root Extract	50 mg	
Alpha Lipoic Acid	30 mg	
Banaba Leaf(Logerstroemia speciosa)	25 mg	
Juniper Berry Powder	25 mg	
faurine	25 mg	
White Mulberry Leaf Powder	25 mg	
Yarrow Flowers Powder	25 mg	
Cayenne Pepper Powder (40M HU/g) (fruit)	10 mg	
Vanadium (as vanadyl sulfate)	200 mcg	

Other Ingredients: Gelatin (bovine), microcrystalline cellulose, rice flour, vegetable magnesium stearate and silicon dioxide.

Manufactured For

Healths Harmony, USA Supplements LLC 30 N. Could St. Ste. 6594, Sheridan, WY 82801



Made in the USA with domestic & international ingredients



We're here to help! For any questions or refunds: info@healthsharmony.com