

SUGGESTED USE

1 teaspoon daily preferably with meals or as directed by a healthcare professional.

Discontinue use if side effects appear.

CAUTION

Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18 and individuals with a known medical condition should consult a physician prior to taking this or any dietary supplement.

SATISFACTION GUARANTEE

We offer a full refund on the purchase price of your order within 90 days of purchase. Restrictions apply. Full details:

healthsharmony.com/refunds

Visit us online at:

healthsharmony.com

HEALTHS
HARMONY

BLACK SEED OIL

VIRGIN COLD PRESSED OIL



- Zero Additives
- NON- GMO
- Vegan



SUPPLEMENT FACTS

Serving Size: **1 tsp** (5ml)

Servings per Container: **48**

Amount Per Serving		%DV
Calories	45	
Total Fat	4.5g	6%†
Saturated Fat	0.5g	3%†
Monounsaturated	1g	**
Polyunsaturated	3g	**
Organic Black Cumin (<i>Nigella sativa</i>) (Seed) Oil*	4.6g	**

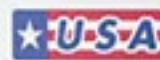
† Percent Daily Value based on 2,000 calorie diet

**Daily Value (DV) not established

Other ingredients: None.

Manufactured For

Healths Harmony, USA Supplements LLC
30 N. Gould St, Ste. 6594, Sheridan, WY 82801

 Made in the USA with domestic & international ingredients

*Certified organic by the Utah Department of Agriculture & Food

We're here to help! For any questions or concerns:

info@healthsharmony.com

Best By Date & Batch Number are printed on the bottom of the bottle.

8 FL. OZ. / 240ML | DIETARY SUPPLEMENT