SUGGESTED USE: As a dietary supplement, take one (1) to two (2) capsules before bedtime.

CAUTION: Do not exceed recommended dose. This product is not intended for pregnant or nursing mothers, children under the age of 18, or individuals taking any prescription medication including anti-depressants. Reduce dose if drowsiness occurs. Avoid driving, operating heavy machinery, or performing other potentially dangerous tasks while taking this formula. If you have known medical condition, or have quetions about the advisability of taking this product, consult a physician prior to use.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured Exclusively For:
MäritzMayer Laboratories
Atlanta, GA 30329
1.800.432.9130
www.maritzmayer.com

MäritzMayer Laboratories

Sleep Formula
786



Dietary Supplement - 60 Capsules

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily	Value
B-6 (pyridoxine hydrochloride)	5 mg	250%
Magnesium (gluconate)	60 mg	15%
Melatonin	3 mg	*
Valerian Root Powder	25 mg	*
Hops Flower Powder	100 mg	*
Passion Flower Powder	100 mg	*
Chamomile Flower Powder	100 mg	*

*Daily Value not established.

Other ingredients: Gelatin, dicalcium phosphate, silicon dioxide and magnesium stearate.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING.

STORE IN A COOL, DRY PLACE.

Lot#: 30410 Manufacture Date: 03/2011 Best if used by: 03/2013

