

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to aspirin. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

This product is not intended to diagnose, treat, cure or prevent any disease.

No Artificial Color, Flavor or Sweetener,  
No Sugar, No Milk, No Lactose, No Soy,  
No Gluten, No Wheat, No Yeast, No Fish,  
Sodium Free.

**TO REORDER ITEM # 79111**  
[www.puritan.com](http://www.puritan.com)  
1-800-645-1030

Carefully Manufactured by  
**PURITAN'S PRIDE, INC.**  
Ronkonkoma, NY 11779 U.S.A.  
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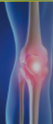
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Puritan's Pride

## VEGETARIAN JOINT COMPLEX

Key Structural  
Components in  
Cartilage  
and Joint Connective  
Tissue

90 tablets  
DIETARY SUPPLEMENT



**DIRECTIONS:** For adults, take three (3) tablets daily, preferably with a meal.

### Supplement Facts

Serving Size 3 Tablets  
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	5
Total Carbohydrate	2 g 1%*
Vitamin C (as Calcium Ascorbate)	100 mg 111%
Manganese (as Manganese Glycinate)	5 mg 217%
Glucosamine HCL	1,500 mg (1.5 g) **
MSM (Methylsulfonylmethane)	1,000 mg (1 g) **
Ginger Root Extract ( <i>Zingiber officinale</i> ) (a 4:1 extract, equivalent to 432 mg of Ginger)	108 mg **
White Willow Extract ( <i>Salix</i> spp.) (bark) (a 5:1 extract, equivalent to 500 mg of White Willow)	100 mg **

\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*Daily Value not established.

Other Ingredients: Vegetable Cellulose, Maltodextrin. Contains <2% of: Silica, Vegetable Glycerin, Vegetable Magnesium Stearate.