

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities assure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use.

It is advisable to consult your doctor before using biotin doses above 2,500 mcg per day. If any adverse reactions occur, stop use and consult your doctor. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



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Puritan's Pride

**ULTRA MEGA**

**Biotin**  
**10,000 mcg**



**100**  
Rapid Release  
Softgels

VITAMIN SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) softgel daily, preferably with a meal.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		% Daily Value
Biotin (as d-Biotin)	10,000 mcg	33,333%

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Yellow Beeswax, Titanium Dioxide Color.

**No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.**