

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

No Artificial Color, Flavor or Sweetener, No Preservatives,
No Sugar, No Starch, No Milk, No Lactose, No Soy,
No Gluten, No Wheat, No Yeast, No Shellfish, Sodium Free.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 12101
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Rensselaer, NY 11779 U.S.A.
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812100 130 14-10843



WWW.PURITAN.COM



COLD WATER

Salmon Oil

500mg

105mg ACTIVE OMEGA-3

Purified to
eliminate mercury

Supports Heart Health*



100 Rapid Release
Softgels

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take two (2) softgels 1/2 hour after breakfast and two (2) softgels 1/2 hour after an evening meal.

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 50

Amount Per Serving		%Daily Value
Calories	10	
Total Fat	1 g	1%**
Cholesterol	5 mg	2%
Ester-Omega® Salmon Oil	1,000 mg (1 g)	***
provides 210 mg of Total Omega-3 Fatty Acids† comprising of:		***
Eicosapentaenoic Acid (EPA)	75 mg	***
Docosahexaenoic Acid (DHA)	90 mg	***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

Contains fish (salmon) ingredients.

†As Natural Triglycerides