

DIRECTIONS: For adults, take two (2) softgels daily, preferably with a meal.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 18671
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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Puritan's Pride

PREMIUM MINI GELS

OMEGA-3
Fish Oil 1290mg**
**Per Serving
900mg ACTIVE OMEGA-3**

Purified to
eliminate mercury
Supports Heart Health*



60 coated
mini gels

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	15	
Total Fat	1.5 g	2%***
Polyunsaturated Fat	1 g	***
Cholesterol	5 mg	2%
Ester-Omega® Fish Oil	1,290 mg (1.2 g)	****
provides 900 mg of Total Omega-3 Fatty Acids† comprising of:		****
EPA (Eicosapentaenoic Acid)		****
DHA (Docosahexaenoic Acid)		****
Other Fatty Acids		****

***Percent Daily Values are based on a 2,000 calorie diet.

****Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin. Contains <2% of: Acetylated Monoglycerides, Food Glaze, Lemon Oil, Mixed Natural Tocopherols, Polysorbate 80, Potassium Sorbate (preservative), Sodium Alginate. Contains fish (anchovy, herring, mackerel, sardine) ingredients. †As Ethyl Esters