

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

TO REORDER ITEM # 27673

www.puritan.com
1-800-645-1030

Carefully Manufactured for
PURITAN'S PRIDE, INC.
Ronkonkoma, NY 11779 U.S.A.
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B35857 06E 14-12186



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 **Puritan's Pride**

OMEGA-3

Fish Oil 1200mg

360mg ACTIVE OMEGA-3

Purified to
eliminate mercury
Supports Heart Health*



30 Rapid Release
Softgels

DIETARY SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel three times daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	15	
Total Fat	1.5 g	2%**
Saturated Fat	0.5 g	3%**
Cholesterol	10 mg	3%
Ester-Omega® Fish Oil	1,200 mg (1.2 g)	***
provides 360 mg of Total Omega-3 Fatty Acids†		***
comprising of:		
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, herring, mackerel, sardine) ingredients.

†As Natural Triglycerides

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch,
No Milk, No Lactose, No Gluten, No Wheat, No Yeast,
No Shellfish. Sodium Free.