

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Silybum marianum

TO REORDER ITEM # 1944
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Rensselaer, NY 11979 U.S.A.
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811143 126 14-14063



www.puritan.com

Puritan's Pride

Milk Thistle EXTRACT



1000^{MG}
EQUIVALENT

TRADITIONAL HERB

**DIFFERENT
COLOR**
SAME PRODUCT

CONCENTRATED EXTRACT
Herbal Supplement

90 RAPID RELEASE
SOFTGELS

DIRECTIONS: For adults, take one (1) softgel once or twice daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Milk Thistle Extract <i>(Silybum marianum)</i> (seed) (a 4:1 Extract, equivalent to 1,000 mg whole herb)	250 mg *

*Daily Value not established.

Other Ingredients: Soybean Oil, Maltodextrin, Gelatin, Vegetable Glycerin. **Contains <2% of:** Paprika (Color), Soy Lecithin.

Contains soy ingredients.

Contains ingredients that may result in a variation of color and appearance over time.

No Artificial Flavor, No Artificial Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Wheat, No Yeast, No Fish. Sodium Free.