

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Silybum marianum

TO REORDER ITEM # 21479
www.puritan.com
1-800-645-1030

Carefully Manufactured by
PURITAN'S PRIDE, INC.
Roseton, NY 11779 U.S.A.
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Puritan's Pride

Milk Thistle

EXTRACT



1000MG
EQUIVALENT

TRADITIONAL HERB

**DIFFERENT
COLOR**

CONCENTRATED EXTRACT
Herbal Supplement

30 RAPID RELEASE
SOFTGELS

DIRECTIONS: For adults, take one (1) softgel once or twice daily, preferably with meals.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Milk Thistle Extract 250 mg	*
(Silybum marianum) (seed)	
(a 4:1 Extract, equivalent to 1,000 mg whole herb)	

*Daily Value not established.

Other Ingredients: Soybean Oil, Maltodextrin, Gelatin, Vegetable Glycerin. Contains <2% of: Paprika (Color), Soy Lecithin.

Contains soy ingredients.

Contains ingredients that may result in a variation of color and appearance over time.

**No Artificial Flavor, No Artificial Sweetener, No Sugar, No Starch,
No Milk, No Lactose, No Wheat, No Yeast, No Fish. Sodium Free.**